

## In case of an emergency

### **The most important part of the trip is to stay safe!**

If you have an emergency

1. Use your cell phone to call 911
2. If you don't have reception, use the Forest Service radio. Instructions are on the reverse side of this page.
3. If you have an emergency, also contact Cascadia Wild: 503-235-9533 or Teri's personal cell: 541-806-3339
4. If there is an injury, the Forest Service will need to be contacted within 24 hours.

For NON-emergency assistance, you can contact Forest Service law enforcement Ed King by radio or at 541-980-6606.

Patty Wolcott, a Forest Service biologist, also offered to be an emergency contact if needed: 541-978-0041 (work cell), 509-261-0122 (home)

### How to use the Forest Service radio:

- Turn on the radio using the knob on top.
- If you are hearing a continuous buzzing sound, turn the knob next to it (labeled CG-SQ) counterclockwise until it goes away.
- The talk button is the big button on the left side of the radio. Hold that button down to transmit.
- Radio waves cannot go through mountains, so you will need "hit a repeater" that will relay your message out. To check if you are hitting a repeater, press the talk button for a very short time. After you release it you should hear a brief sound of static.
- If you don't hear anything, change the channel. Look at the map on the bottom of the radio, choose the repeater nearest you, and look at the table to see which channel it is on. The knob to change the channel is located below the off/vol knob.
- If you can't get a repeater on any channel, go uphill, get out from under the trees, etc. Depending on your location, you may not be able to.
- When you talk, you can say something like (for example): "Anybody who is listening, I'm a Forest Service volunteer, and I have a medical emergency". It is customary to first say who you are calling and second say who you are. Identify yourself as a Forest Service volunteer. Also state right away that it is an emergency. There are many people who monitor these channels in addition to Forest Service personnel, such as local emergency response people and amateur radio buffs, so there should be someone to answer your call.

### To change the batteries in the radio:

- The batteries are in the orange part of the radio
- Find the latch on the top of the orange part on the right side, and push up on the latch.
- Twist the orange part until it comes off
- On the top of that orange battery pack, there will be a gray piece surrounded by orange – push down on the gray area.