

Packing List for WTP Day Trips

10 Essentials:

1. Map *
2. Compass **
3. Flashlight / Headlamp **
4. Extra food
5. Extra clothes
6. Sunglasses
7. Whistle **
8. Pocket knife **
9. Waterproof matches *
10. Fire starter *

Other Essential Clothing:

- Snow boots
- Shell jacket and pants (waterproof and breathable)
- Non-cotton long underwear for top and bottom
- Non-cotton socks
- Non-cotton gloves (recommend over mittens)
- Non-cotton hat
- Scarf or neck gaiter
- Warm pants, sweater, and other warm layers depending on your needs (non-cotton, of course)

Other Essential Gear

- Snowshoes
- Water
- Lunch
- First aid kit**
- Sunscreen
- Sunglasses
- Journal and pencil/pen
- Personal bathroom kit (toilet paper if you want it)

Optional

- Clean, dry change of clothes for the ride home
- Gaiters (shell for the lower leg)
- Camera
- Personal field guides
- Ski poles/ Walking stick
- Tape measure
- Hand lens

Please contact Cascadia Wild! if you have any questions or concerns regarding gathering the items on this list. We want to get people outside and are here to help make that happen however we can.

* Supplied by Cascadia Wild

** Can be checked out from Cascadia Wild